



BATHHOUSE

immerse

infuse

submerge

retreat





CHILDREN 10 YEARS OF AGE
OR YOUNGER MUST BE
ACCOMPANIED BY AN ADULT.
THE MAXIMUM OCCUPANCY
TIME FOR EACH CHAIR IS
ONE HOUR. PLEASE USE
THE SPACIS TO
CAPACITY. THANK YOU.

general information

HOURS OF OPERATION

6:00am to 8:00pm, 7 days a week

SPA FACILITY FEE:

\$30.00 for hotel guests

(Any service over \$50 includes use of the Spa amenities)

SPA AMENITIES INCLUDE THE USE OF:

Redwood Sauna

Heated Whirlpools (warm & hot)

Relaxation Lounge

Exercise Room (proper attire required)

Eucalyptus Steam Room

Cold Plunge

Shower Facility

Vanity Amenities

SPA ATTIRE PROVIDED:

Robes, sandals, shorts, T-shirts and

tennis shoes if needed for your gym visit

HOW TO SPA:

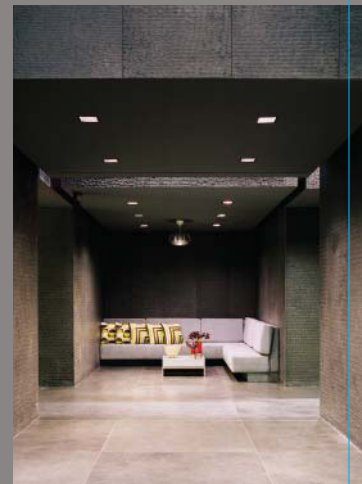
- Advance reservations recommended for spa treatments by calling (877) 632-9636.
- Treatments start promptly at the times scheduled
- To enjoy your spa experience to the fullest, please check in 30 minutes early
- In order to use the spa or gym you must be 18 years of age
- Gym access requires closed toe shoes, tennis shoes are available upon request
- While here celebrating your spa day please note glass is not permitted in our spa, should you need assistance with this please let us know
- Please leave your valuables in your room safety boxes are not available in the spa
- Cell phones should be silenced while in the spa to allow for a more relaxing experience
- After checking into the spa we ask that you take a light shower prior to your treatment
- Product returns are welcome on unopened products
- Gift cards are available for our spa and may be purchased at check in

CANCELLATION POLICY

A form of payment will be required to hold appointments. To avoid cancellation charges please ensure to cancel within 2 hours of your appointment start time.

GROUP SPECIALS

Please inquire with our group specialists to design a special day for your group event. Our staff can also assist you in creating custom designed spa gifts to enhance your guest's experience.





THEgym

While here for business or pleasure let us make your pleasure our business. THEgym welcomes guests at every fitness level with state-of-the-art Precor equipment as an accompaniment to its traditional free-weight and stretching area. Each cardio machine also has a personalized television.

MULTI DAY PASS RATES

3 day gym pass	\$45
5 day gym pass	\$75
3 day spa pass <i>(includes gym access)</i>	\$70
5 day spa pass <i>(includes gym access)</i>	\$95

waxing

steam room and sauna not recommended prior to waxing

Brow	Lip
Chin	Arm
Leg	Under Arm
Full Leg	Chest
Bikini	Back
Brazilian	Chest & Back
Full Leg/Bikini	

PAINT



NAIL SERVICES

25 min	Classic manicure
50 min	Fills-Full set
80 min	Full set-Acrylics or Gels

SOLE SERVICES

50 min	Classic pedicure
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enhancement services

---	French polish
---	Paraffin hands or feet
---	Fire and Ice Stones

THEultimate manicures & pedicures

CRÈME BRÛLÉE MANI/PEDI Exquisitely fabulous qualities of this most popular manicure and pedicure permeate every aspect of your experience. Extra care is given to allow deep penetration of the richness of this extremely hydrating treatment. Softening the rough edges in a lavish soak, you are then wrapped with the sumptuous masque and wafting fragrance of crème brûlée. The finale comes with a fully glamorous manicure and/or pedicure.

COOL CITRUS MANI/PEDI Fresh squeezed citrus cleanser enhances this ph-balanced comprehensive treatment for the hands and feet. The classic manicure and pedicure follows a wonderful massage with a scrub and wrap that utilizes our Bathhouse Immerse products fragranced with a grapefruit essence for completely revitalized hands and feet. The great thing is the products used in this service are also available in our boutique.

BLUE CORN & AVOCADO MANI/PEDI After an exhilarating day of golf, or any athletic activity, reward yourself with this feel-good treatment. Beginning with a nutrient rich blue corn soak and scrub, a warm avocado masque with fresh olive oil nourishes tired hands and feet. A light avocado lotion application follows.

MINTY MOJITO MANI/PEDI Want to tingle for more? Allow your senses to take in the light fragrance of peppermint reminiscent of the famous MOJITO drink, sorry no alcohol here. The peppermint body polish has lactic acid and jojoba beads to help get your skin feeling silky smooth. Our peppermint extract will revitalize and refresh your skin, getting you ready to dance the night away! Enjoy this treatment in both a manicure and pedicure.

MILK & HONEY MANI/PEDI Luxurious personal care nourish the hands and feet with a truly soothing soak and scrub. The silken, milky masque is enriched with the glycolic benefits of a high quality honey and is sheer heaven. A soothing massage of the highly moisturizing milk balm is the perfect prelude to your manicure and pedicure.



SUBMERGE

WOMEN ONLY, PLEASE

Allow your spa host to draw your bath and be your tea butler with our personalized tea service. Then all you need to do is just...relax and soak.

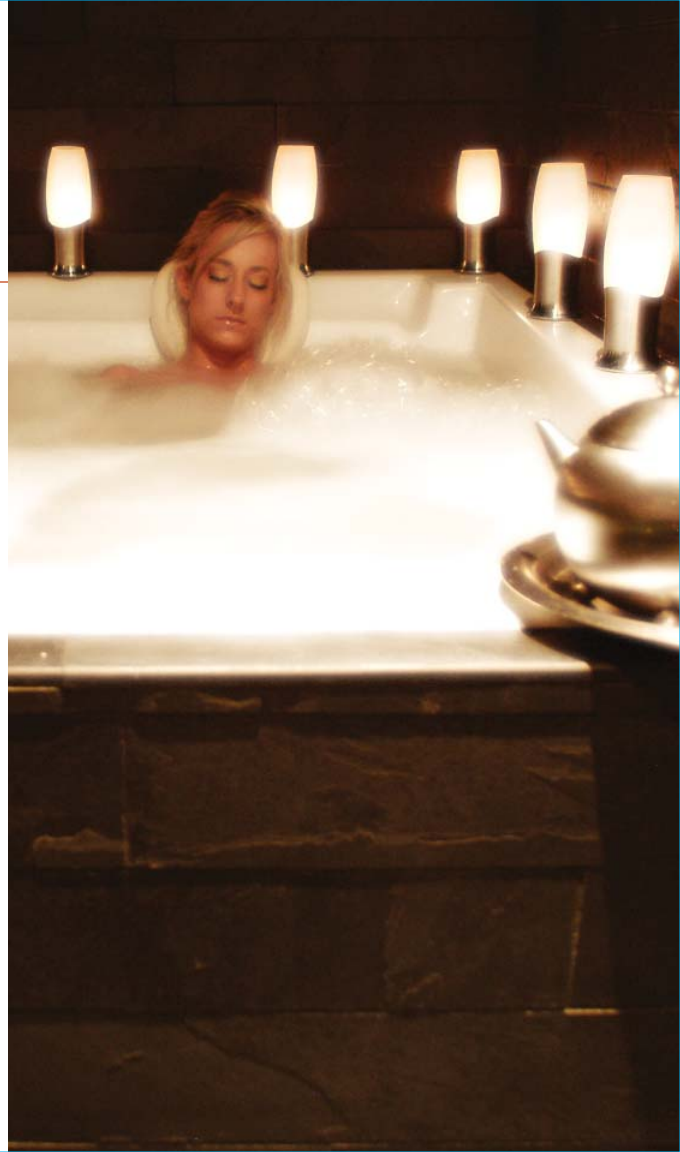
bathhouse baths (25 minutes)

BLACK MOOR MUD Purification of free radical build up is the natural benefit of this bath. Microcirculation is enhanced with the intake of such rich minerals and trace elements of the moor mud. It has a calming effect on impure skin as well.

AYURVEDIC HERBAL BATH Detoxifying as well as stress relieving and relaxing. Designed to raise the body core temperature and increase perspiration, releasing impurities from the system. This is the treatment for true inhalation therapy.

AROMAPOTHECARY SCENTUAL BATHING

The ritual of bathing lends itself so perfectly to your personalized aromatherapy bath and that quiet time just for you. Indulge your senses with a silky bath oil and your customized blend of essential oils (arrive a few minutes early to complete a fun questionnaire), or a 'quick fix' (see next page) blend to bring that perfect balance. For optimal benefit, it is best to not towel off after your bath – just feel the pure essence.



'quick-fix blends' for bath

RELAXING West Indian cedar, neroli with top notes of mandarin and sweet orange

STIMULATING A vivacious combination of peppermint, jasmine and rosewood

UPLIFTING Energetic essences of ginger, neroli, lemon and sweet orange

MANIC Lemongrass, ginger, atlas cedar and damask rose

THEexperience

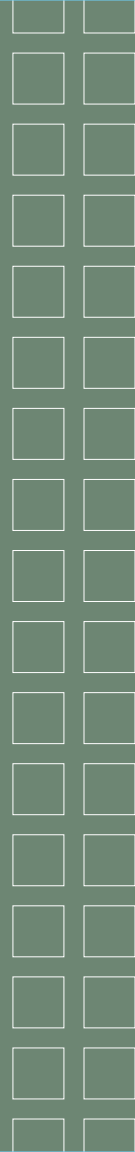
Enjoy a mini bathhouse experience by coupling some of our shorter treatments together. With this treatment you can enjoy one of our 25 minute baths above and one of our 25 minute scrubs listed below.

SELECT FROM THE FOLLOWING BODY TREATMENTS:

Yummy Mocha Java Scrub (Chocolate or Cappuccino)
Bathhouse Signature Scrub Infuse (orange-creamsicle essence), Immerse (grapefruit essence) and Submerge (cranberry essence)

(Women only)

Total treatment time 50 min



SUBMERGE



CLEANSE

THEfacials

THEfacials are offered with Eminence or Peter Thomas Roth products.

REFRESHER FACIAL The perfect basic, yet full facial revival! Short, sweet and complete: the six steps include all the basic components of an entire facial treatment.

Enjoy!

Offered in 25 minutes only.

BATHHOUSE CLEANSING FACIAL This facial is well-suited for all skin types. Whether you have damaged or mature skin this facial will be customized to meet your own individual needs. Ridding you of any challenges you are facing with your skin.

Offered in 50 minutes only.

GENTLEMEN ONLY FACIAL Designed specifically for men, this facial combines steamed towels for a deep cleaning and soothing effect. Using a non-perfume and non-greasy lotion, relax while we prove real benefit to keeping your skin in good shape.

Offered in 50 minutes only.

FACIAL ENHANCEMENTS

Paraffin (hands or feet)

Lip or eye contour micro masque express

Glycolic treatment (face or hands)

Freeze-Dried, preservative-free collagen masque



THEultimate facials

THEultimate facials are offered with our Carita, Cellex-C, Echo2 or Peter Thomas Roth products.

Facials below are offered in 50 minutes.

CARITA 'RENOVATEUR' SIGNATURE FACIAL The expert hands of your aesthetician performs a complex renovateur massage that awakens the senses for your Zen experience. This ultimate facial brings about radiance. With a treatment solution for each skin type, you arise refreshed and renewed.

C DELIVERY FACIAL The super-charged delivery of vitamin C, skin enhancing minerals, amino acids and bioflavonoids are anti-aging at its best. A distinct facial based on your specific skin type gives you visibly brighter skin that is noticeably firmer, with a reduction in fine lines and wrinkles.

PURE OXYGEN FACIAL Plump up the skin with this beauty treatment uses 87 vitamins, minerals, amino acids and anti-oxidants for wrinkle reduction and super hydration. The defining moment comes from an oxygen spray that provides a tingling stimulant and generates instant skin-cell revival.

FOUNTAIN OF YOUTH FACIAL The wrinkle fighting solution is here! Using the latest in technology this facial will give you immediate results. With the proper home care you will see results continue to improve at home in less than a month!

facial enhancements

Paraffin (hands or feet)

Lip or eye contour micro masque express

Glycolic treatment (face or hands)

Freeze-dried, preservative-free collagen masque

THEbody treatments

BODY TREATMENT LEGEND:

A Aromatherapy included

W Wrap included

S Scrub included

BATHHOUSE SIGNATURE TREATMENT Our signature Bathhouse scrub enables guests to experience our signature lines. The three lines *Infuse* (orange-creamsicle essence), *Immerse* (grapefruit essence) and *Submerge* (cranberry essence). A S

SCENTS-OF-YOU SUGAR OR SALT SCRUB This treatment offers a hydrating exfoliation using the glycolic action of raw cane sugar or sea salts. Your own individualized aromapothecary oils or your choice of the 'quick fix' blends choose from relaxing, stimulating, uplifting or manic. A light aromatherapy massage is included with the longer treatment time. A S

BINDI DETOX This treatment, adopted from traditional pancha karma rejuvenation therapies, includes a dry brush massage, exfoliation, botanical body masque, aromatherapy and a hot towel body wrap. This popular ayurvedic treatment uses warm herbal infused oils leaving your skin smooth and nourished. Bindi also strengthens your immune system and helps eliminate stress and anxiety. A S W
(Offered in 80 min only)

DE-STRESS & DETOX HERBAL WRAP This heat therapy treatment is detoxifying as well as stress relieving and relaxing. You will be comfortably wrapped in hot linens that have been immersed in an herbal "tea," raising the body core temperature to increase perspiration. A W



CRÈME BRÛLÉE BODY TREATMENT The ultimate decadence begins with a Crème Brûlée glaze to soften then your skin is wrapped to lock in the moisture. The final touch comes from the Crème Brûlée lotion to soothe and smooth your skin. A S W
(Offered in 50 & 80 min only, 50 min. does not include scrub)

CELL-U-LESS HERBAL WRAP Herbs, spices and bioflavonoids increase blood circulation to encourage the breakdown of cellulite. The rest of the body is wrapped with anti-oxidant rich carrot-vitamin masque mixed with other fruits and vanilla spice. This is followed by a massage using a special naseberry smoothing lotion leaving your skin looking tighter and younger. A W
(Offered in 50 & 80 min only)

YUMMY MOCHA JAVA SCULPTING TREATMENT Your choice of a chocolate or cappuccino sugar scrub is only the beginning of this treatment. An organic mocha java masque enhanced with green teas, marine algae and aloe vera is applied to reduce dimpled skin and increase firmness. An application of incredible slimming cappuccino cream is the perfect conclusion to leave you with a silky soft feel. A S W
(Offered in 25, 50 & 80 min only, 50 min does not include scrub)

THEultimate body treatments

RENOVATEUR SATIN BODY This crème-de-la-crème body treatment begins with a thorough exfoliation using le renovateur – the star product of all CARITA beauty care. Your wrap is applied with mineral powder from an extinct Hawaiian volcano. In this treatment a stone massage is also included enhancing your relaxed state. The moisturizing emulsion used will restore the creamy softness that ultimately gives you the satin body you were born with. A S W
(Offered in 110 min only)

TRUE BLISS Experience the true bliss known as nirvana. This deluxe package includes the bindi detox, shirodhara (a warmed oil on the third eye), and an ayurvedic mini facial massage enhanced with marma points for an acupuncture facelift, savor an aura of bliss that is beyond this place and time. A S W
(Offered in 110 min only)

RUB



THE massages

Offered in either 25, 50 or 80 minutes

Our Bathhouse massages are performed by our professional, highly skilled therapists that use a variety of specialized techniques for relaxation, therapeutic and holistic benefits.

SWEDISH A light to medium pressure massage for relaxation and a heightened sense of well being. Looking for something stronger with firm pressure? We recommend a deep tissue massage.

REFLEXOLOGY It's all about the feet! They take you everywhere you want to go and they deserve this 'TLC' including reflex points that benefit your whole body.

(25 or 50 minute only – 50 min includes hand and scalp massage)

THEultimate massages

Offered in either 25, 50 or 80 minutes

SCENTS-OF-YOU-MASSAGE This thoroughly transforming signature treatment provides a gentle massage utilizing a few warm stones to melt tension away, your very own individualized aromapothecary oils (arrive a few minutes early to complete a fun questionnaire), or your choice of a quick fix blend, offer total relaxation and a delightful mind/body/soul experience.

DEEP TISSUE Deeply addresses tight muscle groups without going past the point of resistance. It is highly beneficial for physical and mental stress reduction, athletic peak performance, sculpting and overall toning.

HOT SPICED RUM STONE MASSAGE Settle down for a long nap with our hot spiced rum stone massage. Combining the traditional stone massage with essential oils of cinnamon, clove and arnica will make you feel warm and cozy inside.

massage enhancements

SCALP MASSAGE During your massage enhance your treatment with a peppermint scalp treatment that will refresh your scalp and moisturize and nourish an often neglected area.

FIRE AND ICE STONES During a portion of the massage our therapist will incorporate both warm and cool stones to enhance the experience. You'll never forget it!

PARAFFIN HANDS OR FEET Using the latest in paraffin technology our aromatherapy hand or foot treatments do not require electricity and are extremely sanitary without all the mess! Try it today!

FOOT-FOLIANT Scrub your worries away with this quick foot treatment where we use our signature Bathhouse body scrubs Infuse (orange-creamsicle essence), Immerse (grapefruit essence) and Submerge (cranberry essence). You'll want to book a full body scrub!



BUNDLE

bathhouse spa packages

Although we have a steadfast policy of no substitutions for our spa packages, you may request assistance in creating a customized spa package to match your interests. Packages available Monday through Thursday only.

BATHHOUSE SAMPLER

25 min Bath of your choice or body scrub
(bath only for women)

50 min Swedish massage

25 min Refresher facial

50 min Classic pedicure

Approximately 3 hours

SPIRIT RECOVERY

80 min Bindi detox

25 min Swedish massage

50 min THEultimate facial

50 min THEultimate pedicure

Approximately 4 hours

ZEN RITUAL

50 min THEbody treatment

50 min Swedish massage

50 min THEultimate facial

25 min Bath of your choice or body scrub
(bath only for women)

25 min THEultimate manicure

50 min THEultimate pedicure

Approximately 5 hours





