

# BATHHOUSE

Thank you for requesting information from the Bathhouse Spa.  
Please call us at (877) 632-9636 for reservations or for any  
additional information you may need.  
We look forward to having you as our guest  
mandalaybay.com

## General Information

### Spa Hours of Operation

6:00am to 8:30pm., 7 days a week

### Service Hours of Operation

8:00am to 8:00pm. 7 days a week

MUST BE 18 YEARS OF AGE

ADVANCE RESERVATIONS SUGGESTED FOR SPA TREATMENTS

Phone (877) 632-9636

Fax (702) 632-9241

### Spa Facility Fee:

\$30.00 for hotel guests and \$35.00 for non-guests  
(Any service over \$50 includes use of the Spa amenities)

### Includes the use of:

Redwood Sauna	Eucalyptus Steam Room
Heated Whirlpools (warm & hot)	Cold Plunge
Relaxation Lounge	Shower Facility
Exercise Room (proper attire required)	Vanity Amenities

### Spa attire provided:

Robes, sandals, shorts and T-shirts

### Spa Refreshments available:

Fresh fruits, muffins (mornings only) and nuts  
Tea, fruit juices and bottled water

To enjoy your spa experience to the fullest, we recommend you arrive at least  
45 minutes before your scheduled appointment.

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AT MANDALAY BAY

3950 Las Vegas Blvd. South Las Vegas, Nevada 89119 • 1-877-632-9636

# BATHHOUSE

## Baths

(Women only, please)

Bathhouse also offers a variety of scrubs as a perfect compliment to your bath.

Bathhouse baths 25 minutes select one \$65

CALMING TEA: chamomile buds, rose buds and lavender to simply sit back and immerse in relaxation

HERBAL TEA: rosemary, sage, oatmeal and Epsom salts give that tingling feeling all over

FLORAL TEA: roses, calendula, lemon verbena, and essential oils of rosewood and lemon

BLACK MOORE MUD: purification of free radical build up is the natural benefit of this bath.

Microcirculation is enhanced with the intake of such rich minerals and trace elements of the moor mud. It has a calming effect on impure skin as well.

Bathhouse Asian tea baths 25 minutes select one \$65

CHAI TEA: an invigorating bath that will delight your senses and tone your body. It is highly complimented by a bamboo sugar scrub.

GREEN TEA: Japanese green tea and ginseng offers great anti-oxidants along with soothing skin renewal. Wonderfully complete with the moisturizing green tea salt scrub.

Ayurvedic herbal bath [tara ayurvedic] 25 minutes \$65

Detoxifying as well as stress relieving and relaxing. Designed to raise the body core temperature and increase perspiration, releasing impurities from the system.

Scentual bathing [aromapotheary] 25 minutes \$65

The ritual of bathing lends itself so perfectly to your personalized aromatherapy bath and that quiet time just for you. Indulge your senses with a silky bath oil and your customized blend of essential oils (arrive a few minutes early to complete a fun questionnaire), or a 'quick fix' blend to bring that perfect balance. For optimal benefit, it is best to not towel off after your bath – just feel the pure essence.

## 'Quick-Fix Blends' for Bath

(When time does not permit you to complete the aromapotheary questionnaire, you may choose one of the following to use in your treatment)

Relaxing – West Indian cedar, neroli with top notes of mandarin and sweet orange

Stimulating – A vivacious combination of peppermint, jasmine and rosewood

Uplifting – Energetic essences of ginger, neroli, lemon and sweet orange

Manic – Lemongrass, ginger, atlas cedar and damask rose

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## Facials

Bathhouse Signature Facial – is custom tailored for both men and women. You will choose from an array of the very luscious fruit, vegetable, flower and herbal skincare products handcrafted by eminence organics of Hungary, since 1958. The eminence organic ingredients have an incredibly fresh aroma, with natural pure vitamin infusions and highly active ingredients. The selection addresses a variety of skin care concerns such as premature aging, sun damage, and loss of vitality, tone and radiance. This signature facial offers a wide spectrum of cleansers, tonics, exfoliates, masques, serums, eye care and whipped moisturizers that you and your bathhouse skin specialist will select, to give you an extremely customized facial for glowing health and to release your inner radiance.

50 minute facial	\$135
50 minute back facial	\$135
80 minutes with hand & foot paraffin treatment	\$190

Hot 'n' Cold Signature Facial – this is a truly unique experience and is the perfect compliment to the hot 'n' cold signature body treatment. This positively stimulating organic facial uses fresh pulps of apples and grapes to infuse natural fruit acids to the skin, achieving a fantastic exfoliation with paprika and other fresh herbs. The tingling hot sensation of this uncommon facial scrub is cooled with an application of a chilled stone crop masque and a lightly whipped moisturizer. A special serum specific to your skin type in a lipsome base allows for the deepest penetration to bring out beautiful glowing skin from within.

80 minutes with hand & foot paraffin treatment	\$190
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Facial-icious – Heals the complexion with herbs and revives the soul with aromatherapy. Colts feet, ground ivy, dandelion, black elder flower and yarrow are combined in this soothing and nourishing facial. Proof is in the healthy glow you get from all the herbal benefits of this superbly delicious treatment.

50 minutes	\$135
80 minutes with hand & foot paraffin treatment	\$190

Ageless Beauty – This anti-aging facial includes a lemon & lime anti-oxidant gel, algae and natural photo-estrogens to give the skin clarity and increase circulation. As this is an active masque, it is normal to experience a healthy, rosy glow following the treatment.

50 minutes	\$135
80 minutes with hand & foot paraffin treatment	\$190

Deep Deep Cleansing – This facial is well-suited for oily to normal skin. A focus is placed on exfoliation with natural AHA's in a lime and rosehip extract to clear clogged pores. Stimulating herbs dramatically increase blood flow to detoxify skin and increase cell renewal

50 minutes	\$135
80 minutes with hand & foot paraffin treatment	\$190

Gentlemen Only Facial – Designed specifically for men, this facial uses organic products combined with steaming towels for a deep cleaning and soothing effect. A face, neck and hand massage using a non-perfume and non-greasy lotion is included to make this treatment relaxing while providing a real benefit to keeping your skin in good shape

50 minutes	\$135
80 minutes with hand & foot paraffin treatment	\$190

# BATHHOUSE

## Facials (con't)

'Renovateur' Signature Facial – The expert hands of your aesthetician performs a complex renovateur massage that awakens the senses for your Zen experience. This ultimate anti-stress/anti-oxidant facial brings about radiance and provides maximum protection against aggressive external factors. With a treatment solution for each skin type, you arise refreshed and renewed. 80 minutes \$230

'Renovateur' Hydrator Facial – radical, gentle, indispensable and pleasant: the most fundamental need for moisturizing is deeply addressed on a cellular level with 'aux 3 sources' for intense hydration. Algae is the key ingredient to correct dull, fragile skin and to richly hydrate, seal and protect your newly radiant complexion. A relaxing massage to the face and neck, using the carita exclusive renovateur technique, is the finishing touch of beauty that maintains softness, well-being and a healthy looking glow. 50 minutes \$165

'Renovateur' Zen Facial – a facial that suspends time and the worries of the world with the 'carita le visage' exquisite emulsions and sensual aroma. The expert hands of your aesthetician perform a complex renovateur massage that awakens the senses for your zen experience. The gentle, comforting care of this ultimate anti-stress/anti-oxidant facial brings about a radiance and maximum protection against aggressive external factors. With a treatment solution for each skin type, you arise refreshed and ready to embrace your daily life renewed. 50 minutes \$165

PTR Signature Facial – a specialized facial recommended for everyone's skin, to cleanse and renew skin tone. Warm and calming are the focus of this cleansing experience for your previous complexion, while helping to reduce all signs of visible aging, fatigue and stress. Your skin will be treated to a cool mist, followed by massage and warm towels, and then careful extraction of all environmental particles. An herbal enzyme peel specific to your condition is performed to give you that instant gratification of beautiful results. Your hands and feel will have the pleasure of our softening paraffin treatment, as your face receives a soothing masque of hydrating botanicals. This facial will give you a long lasting look and feel of totally refreshed skin. 80 minutes \$190

Refresher Facial – The perfect basic, yet full facial revival. Short, sweet and complete. The six steps include all of the basic components of an entire facial in half of the time. 25 minutes \$75

Oxygen Fix – For skin that has been compromised by the aging process, stress, sun, smoking or any other environmental factors. An oxygen mist, masque, eye relief and oxygen wrinkle repair works with the patented ECHO2 plus system to make this a superior revitalizing treatment. Relax while your skin is oxygenated under warm vapor, pumping up precious surface cells to leave your skin with a fresh rosy glow 50 minutes \$135

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# BATHHOUSE

## Facials (con't)

Pure Oxygen Facial - The perfect pre-party trick to plump up the skin for a more youthful and radiant look. This beauty treatment uses 87 vitamins, minerals, amino acids and anti-oxidants for wrinkle reduction and super hydration for any type of skin. The defining moment comes from an oxygen spray that provides a tingling stimulant and generates instant skin-cell revival  
50 minutes \$135

Ba-Bye Acne - Advanced formulations and oil-free products make this facial the most potent acne care for all age groups. It helps clear up acne while preventing the appearance of new blemishes. This is offered for the face or back or combine them for the full works  
50 minute facial \$135  
50 minutes back facial \$135  
80 minutes facial w/paraffin \$190

C Delivery Facial - The super-charged delivery of Vitamin C, skin enhancing minerals, amino acids and bioflavonoid are anti-aging at its best. A distinct facial based on your specific skin type gives you visibly brighter skin that is noticeably firmer, with a reduction in fine lines and wrinkles  
50 minutes \$135

Scen-tao Gemstone Facial - An uncommon facial with warmth, aroma and a healing touch that allows you to enjoy all the traditional elements of a facial with the added sensual experience of heated river stones, crystals and semi-precious gemstones. These stones are gently placed on acupressure points for energy rebalancing while the treatment is finished with a soothing foot ritual  
80 minutes \$190

Champagne Celebration - Tailored to the sophisticated needs of your skin, this comprehensive facial system, with special active concentrates, tones and revitalizes your complexion leaving you with rich results  
50 minutes \$135

Caviar Facial - A decadently luxurious facial that firms and tones the skin with protein rich caviar and powerful anti-oxidants while visibly firming and toning the skin. Intense hydration instantly restores a healthy luminescence  
80 minutes \$190

# BATHHOUSE

## Facial enhancements

Peter Thomas Roth	
Freeze-Dried, preservative-free collagen masque	\$75
Carita	
Eye contour micro masque express, included with all Carita facials	\$35
Lip contour micro masque express, included with renovateur signature facial	\$25
Enriched radiance wrinkle serum with any facial	\$30
Regenerating intensive cellular facial treatment	\$50
Babor	
Co-enzyme Q-10, powerful anti-oxidant ampoule that tones the skin	\$10
Complex C ampoule, energy cocktail with potent vitamin boost	\$10
Hsr instant lift ampoule with quadruple action	\$10
Skin revival fluid ampoule boosts skin's defenses	\$10
Epicuren	
Microdermabrasion, micro crystal facial scrub ridding skin of dull cells applied manually, this cream reveals softer, radiantly fresh skin without the rigors of a microdermabrasion machine	\$30

# BATHHOUSE

## Create Your Own Body Wrap

\*\*\* 80 minutes \$190 \*\*\*

Choose one body polish, one body masque and one moisturizer from the delicious selections. All are packed full of vitamins and other nutrients extracted from whole fruits, vegetables, herbs and flowers used in these recipes. Of course, you are welcomed to first wet your appetite with a sample at the time of your wrap. Your therapist will offer suggestions for the perfect combo.

### Body Polish

ALMOND & MINERALS: stimulating exfoliating treatment with thermal water

ROSEHIP AND MAIZE FLOWER: Cleanse pores and remove impurities, calms and soothes

### Body Polish/Body Masque

Many of the eminence masques make a fabulous scrub also, with your therapist blending in finely ground maize cornflower. The following may be used as just a body polish, or just a body masque or both the same!

CARROT VITAMIN: anti-aging, revitalizing, rich in anti-oxidants, deliciously fragrant

SOUR CHERRY: good for oily skin, large pores, tightening

PUMPKIN & ORANGE: lifting, nourishing and high in bioflavonoids

PEACH: vitalizing and deeply moisturizing

GREEN PHYTO: firming, toning, women's & men's hormone balancer and collagen stimulator

QUINCE APPLE: vitalizing, toning and lifting

### Masques

STONE CROP MASQUE: super hydrating, firming, healing, and lightening

MENTHOL AND ROSEHIP: cooling, soothing, antioxidant

SWEET RED ROSE: stimulates micro-circulation, hydrates, relaxes muscles and skin

SEVEN HERB: anti-acne, healing, desensitizing, detoxifying

PARSLEY CUCUMBER: refreshing, soothing, cooling, lightening

### Moisturizers

APRICOT: hydrating cream for normal to dry skin

ROSEHIP: light, soothing anti-irritant for oily or sensitive skin

REGENERATING GINGKO: regenerative, protective, anti-aging cream

SOUR CHERRY: anti-aging, revitalizing for large pored skin

WILD PLUM: oxygenating, cellular revitalizing for non-sensitive skin

TOMATO SUMMER CREAM: anti-aging with selective botanical sun filter

BLACK PERLETTE GRAPE: anti-wrinkle cream with anti-oxidants

SWEET RED ROSE: soothing, regenerating for sun damaged & mature skin

STONE CROP: regenerating and lightening for normal mature skin

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## Body Treatments

Body scrubs followed by any bathhouse massage or bath is the perfect antidote for the stresses of modern life

Bathhouse Yummy Scrubs – Indulge your fantasy with a choice of one of these sinfully decadent body scrubs. The chocolate or cappuccino scrub will exfoliate your whole body  
25 minutes \$75

Asian Scrubs – Select either the wonderfully moisturizing Japanese Green Tea scrub for the benefits of natural anti-oxidants or the Mandarin Bamboo Sugar scrub to detoxify and smooth your skin  
25 minutes \$75

Bathhouse De-Stress & Detox Herbal Wrap – This heat therapy treatment is detoxifying as well as stress relieving and relaxing. You will be comfortably wrapped in hot linens that have been immersed in an herbal “tea”, raising the body core temperature to increase perspiration  
25 minutes \$75

Bathhouse Calming & Skin Softening Herbal Wrap – simply soothing! All you need to do to enjoy the benefits of this herbal wrap is to relax... allow your therapist to wrap you and immerse yourself in the aroma of lavender, lemon verbena, orange peel, sage and lemongrass.  
25 minutes \$75

Bathhouse Crème Brulee Body Wrap & Massage – The ultimate decadence begins with a crème Brulee glaze to soften then your skin is wrapped to lock in the moisture. The final touch comes from the Crème Brulee lotion to soothe and smooth your skin.  
80 minutes \$190

Bathhouse Champagne Body Wrap & Massage – This treatment firms problem areas and minimizes the appearance of stretch marks while actually repairing and toning body tissue. Fabulous exfoliation, a wrap with a thoroughly regenerating body masque and finishing with a touch of moisturizing champagne foam and massage makes for a truly luxurious feel.  
80 minutes \$190

Bathhouse Milk & Honey Body Wrap & Massage – Enjoy the glycolic and mineral rich benefits of a fresh honey skin polishing. Then relax with a light facial and scalp massage followed by a light milk lotion massage. Your skin will feel soft and supple.  
80 minutes \$190

Bathhouse Mocha Java Sculpting Wrap – Your choice of a chocolate or cappuccino sugar scrub is only the beginning of this treatment. An organic mocha java masque enhanced with green teas, marine algae and aloe Vera is applied to reduce dimpled skin and increase firmness. An application of killer cappuccino cream is the perfect conclusion to leave you with a silky soft feel.  
80 minutes \$190

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## Body Treatments (con't)

Hot 'n' Cold Signature Body Treatment – Beginning with a light scrub, a cool blend of stone crop is then generously applied to your body then wrapped in a thermal blanket with hot towels. Acupressure is then applied to your feet and scalp. This body renewal is complete with a light massage of stone crop whipped moisturizer for a radiantly replenished body (the Hot 'n' Cold Signature facial is a perfect compliment to this treatment)

80 minutes \$190

Cinnamon Mud Masque – This treatment is ideal for muscle soreness and fatigued body. After a light scrub, the entire body is lavished with a stimulating mineral-rich thermal mud and an exotic cinnamon blend. Your body is wrapped to encourage perspiration and release toxins while your neck and head receive a relaxing massage. An application of an organic body lotion is the soothing finishing touch.

50 minutes \$135

80 minutes \$190

Softly Glowing – is how you will look and feel with this organic rosehip and maize masque. Exfoliation begins with the maize flower to cleanse pores while rosehip extract delivers high levels of anti-oxidant Vitamin C

25 minutes \$75

Dew Drop – Using the principles of the Softly Glowing Body Treatment, your body is given an extra added luxury of a light massage with our honeydew and calendula moisturizer. A truly gentle and nourishing way to give you back that dewy complexion

50 minutes \$135

Irresistible – Finely crushed almonds are used as an exfoliant to uncover soft and supple skin. Active herbs stimulate oxygenation in the skin for an all over irresistible glow. This polish is especially good for exceptionally dry, dehydrated skin (Not recommended for sensitive skin)

25 minutes \$75

Fountain of Youth – Great for all skin types, this thirst quenching treat noticeably brings about a radiantly youthful appearance thru a multi-active moisturizing application

50 minutes \$135

Cell-U-Less Herbal Wrap – Herbs, spices and bioflavonoids increase blood circulation to encourage the breakdown of cellulite. The rest of the body is wrapped with anti-oxidant rich carrot-vitamin masque mixed with other fruits and vanilla spice. This is followed by a deep tissue massage using a special cinnamon paprika firming lotion leaving your skin looking tighter and younger

50 minutes \$135

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## Body Treatments (con't)

Renovateur Satin Body – This crème-de-la-crème body treatment begins with a thorough exfoliation using le renovateur – the star product of all CARITA beauty care treatments. A massage provides deep cleansing to the skin texture, and then a body wrap is applied with mineral powder from an extinct Hawaiian volcano. To complete this soothing treatment, an application of a moisturizing emulsion is used to restore the creamy softness.

110 minutes \$290

Rejuvenating Scalp Treatment – Spectacularly refreshes the scalp with rare oils and ingredients to moisturize and nourish an often neglected area. Prevents excess flakiness, hair damage or loss and promotes healthy, shiny hair. Wonderful by itself, or perfect in combination with any other body treatment.

25 minutes \$75

Scents-Of-You Sugar Scrub – This treatment offers a hydrating exfoliation using the glycolic action of raw cane sugar. Your own individualized aromapothecary oils or your choice of the 'quick fix' blends provide personalized balance to your treatment. An aromatherapy light massage is included with the longer treatment time

25 minutes \$75

50 minutes \$135

Scents-Of-You Salt Glow – This treatment is a luxurious non-oil exfoliation with dead sea salts that cleanses and tones your skin. Your own individualized aromapothecary oils or your choice of a 'quick fix' blend provides the perfect balance and pure pleasure while enhancing the youthful healthy glow of your skin. Aromatherapy light massage is included with the longer treatment time.

25 minutes \$75

50 minutes \$135

Sun Rescue Body Treatment – ideal for sun-burned or sun-damaged skin and the leathery appearance so often associated with golfers, tennis players, and sun worshippers. The soothing application of the cellex-C patented complex and anti-inflammatory phytochemicals synergistically has a visible anti-aging effect on sun-challenged skin. This moisturizing treatment is exceptionally effective, including a unique formulation of vitamin C, grape seed extract, glycine, decaffeinated green tea extract, peppermint (for its cooling effect) and water-building hyaluronic acid to help alleviate the peeling of sun-burned skin; as soon as possible after sun exposure is best.

25 minutes \$75

Cool Wrap Body Treatment – can't take the heat? If sunburn, pregnancy, or other health concerns prohibit the heat associated with the body treatment you were looking forward to, the 'cool wrap' is for you! More deeply penetrating, this treatment begins with the sun rescue above and includes a cool wrap to calm redness, soothe body and soul and reap all the benefits of the excellent cellex-C anti-oxidant properties.

50 minutes \$135

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## Body Treatments (con't)

True Bliss – experience the true bliss known as nirvana. This deluxe package includes the bindi detox, shirodhara, and an ayurvedic mini facial massage enhanced with marma points for an acupressure facelift, savor an aura of bliss that is beyond this place and time.

110 minutes \$245

Bindi Detox – this treatment, adopted from traditional pancha karma rejuvenation therapies, includes a dry brush massage, exfoliation, botanical body masque, aromatherapy and a hot towel body wrap. This most popular ayurvedic spa treatment will leave your skin soft, smooth and nourished by warm herbal infused body oils. The bindi detox strengthens the immune system and helps eliminate stress and anxiety.

80 minutes \$190

Shirodhara – a meditative experience, this ancient therapy used for centuries will restore inner calm and balance to the emotions and will rejuvenate hair and scalp. The shirodhara begins with a gentle stream of warm herbal oil to the 'third eye' in the middle of your forehead to quiet the mind and soothe the senses. The nourishing and conditioning oil is then massaged into hair and scalp and further enhanced by an ayurvedic herbal rinse. Words cannot convey the real essence of this mystical treatment...see for yourself...experience the bliss

50 minutes \$135

## Massage

Bathhouse massages – professional, highly skilled therapists perform a variety of specialized massage for relaxation, sports, therapeutic and holistic benefits. As a policy, we do not offer cross-gender treatments. Our bathhouse massage rates are the same for the following modalities (with the exception of deep tissue): 25 to 80 minute sessions available

25 minutes \$70  
50 minutes \$125  
80 minutes \$180

BACK, SHOULDERS, NECK: quick relief for the individual who wants specific attention to problem areas.

25 minute sessions only

\*Aromatherapy oil upgrades available \$15

SWEDISH: a light to medium pressure massage for relaxation and a heightened sense of well being

\*Aromatherapy oil upgrades available \$15

DEEP TISSUE: deeply addresses tight muscle groups without going past the point of resistance. It is highly beneficial for physical and mental stress reduction, athletic peak performance, sculpting and overall toning.

50 minute session available \$140

\*Aromatherapy oil upgrade available \$15

80 minute session available \$180

## Massage (cont'd)

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ZEN SHIATSU: shorts and t-shirt provided by the spa are worn for this non-oil asian massage utilizing acupressure, a 'wave' technique and side positions with stretching and palming to restore balance and energy flow throughout the body as necessary for optimal health  
50 and 80 minute sessions only

REFLEXOLOGY: It's all about the feet! They take you everywhere you want to go and they deserve this 'TLC' including reflex points that benefit your whole body.  
\*Aromatherapy oil upgrade available \$15 25 and 50 minute sessions only

PRE-NATAL: utmost care is given to your comfort level for whatever stage of pregnancy you are in. Using professional body support cushions, you need only to relax and breathe. An emollient shea butter is used for the luxurious feeling of being totally pampered...you deserve it! \*Aromatherapy oil upgrade available \$15 25 and 50 minute sessions only

MASSAGE BLEND: one of our most popular treatments! The therapist will use a blend of massage techniques to customize a treatment based on your individual preferences.  
\*Aromatherapy oil upgrade available \$15

Bathhouse Crystal Energy Massage - this signature massage combines the cosmic qualities of crystals, harmonic sounds and aromatherapy with the sensory experience of energy-focused charka balancing. Light massage enhances this subtle, yet profound, treatment.

50 minutes \$135  
80 minutes \$190

Scents-Of-You-Massage - this thoroughly transforming signature treatment provides a gentle massage utilizing warm stones to melt tension away, your very own individualized aromapothecary oils (arrive a few minutes early to complete a fun questionnaire), or your choice of a quick fix blend, offer total relaxation and a delightful mind/body/soul experience.

50 minutes \$135  
80 minutes \$190

Tri-Dosha Balancing Massage - is performed with warm herbal infused ayurvedic body oils, according to ayurveda, the five elements of ether, air, fire, water and earth are manifest in the human body as three basic forces, or tri-doshas, known as kapha (water and earth), pitta (fire and water) and vata (air and space). It is best to arrive early to complete a short questionnaire. This classic tri-dosha balancing treatment is also calming to the nervous system.

50 minutes \$125  
80 minutes \$180

Scen-tao Warm 'n' Cool Stone Massage - this original 'la stone' treatment offers the flexibility of geo-thermal-therapy in a range of light to deep massage enhanced with energy work. Blending aromatherapy with the earth element of warm and cool stones brings you an unparalleled vascular dynamic experience for relief of muscular and mental tension, deep relaxation and sheer bliss.

50 minutes \$150  
80 minutes \$200

Scen-tao Stone Reflexology - the best of both worlds, this is a royal treat for your feet! Combining the dynamic sensation of the warm stones with the therapeutic benefit of aromatherapy and reflexology pressure points makes this highly requested treatment zenfully calming.

50 minutes \$135

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# BATHHOUSE

## Nail care

### Manicures

CLASSIC MANICURE	\$45
POLISH CHANGE HANDS	\$25
FRENCH POLISH ADD-ON	\$10
PARAFFIN HAND TREATMENT	\$30
FULL SET – ACRYLICS	\$125
FULL SET – GELS	\$125
FULL SET – MICRO WRAPS	\$125
FILLS – FULL SET	\$85
NAIL REPAIR PER NAIL	\$25

### Pedicures

CLASSIC PEDICURE	\$80
FRENCH POLISH ADD-ON	\$10
POLISH CHANGE FEET	\$25
PARAFFIN FEET TREATMENT	\$30

Cool Citrus Mani/Pedi – Fresh squeezed citrus cleanser enhances this ph balanced comprehensive treatment for the hands and feet. This misting with citrus floral waters is followed by a gentle massage with our bathhouse grapefruit scrub and wrap. The classic manicure and pedicure follows a wonderful massage with our own bathhouse citrus lotion for completely revitalized hands and feet.

Manicure	\$60
Pedicure	\$110

Crème Brulee Mani/Pedi – exquisitely fabulous qualities of this most popular manicure and pedicure permeate every aspect of your experience. Extra care is given to allow deep penetration of the richness of this extremely hydrating treatment. Softening the rough edges in a lavish soak, you are then wrapped with the sumptuous masque and wafting fragrance of crème brulee. The finale comes with a fully glamorous manicure and/or pedicure.

Manicure	\$60
Pedicure	\$110

Champagne Mani/Pedi – Refreshes and revitalizes hands and feet, acting as an excellent nail strengthener. Enjoy the bubbly champagne soak and peel, followed by an anti-aging masque and wrap. Massage allows the regenerating benefits to deepen for an elegant look and feel.

Manicure	\$60
Pedicure	\$110

Milk & Honey Mani/Pedi – luxurious personal care nourish the hands and feet with a truly soothing soak and scrub. The silken, milky masque is enriched with the glycolic benefits of a high quality honey and is sheer heaven. A soothing massage of the highly moisturizing milk balm is the perfect prelude to your manicure and pedicure

Manicure	\$60
Pedicure	\$110

# BATHHOUSE

## Nailcare (cont'd)

Scen-tao Stone Mani/Pedi – In the Asian tradition, this wellness ritual has a sensorial appeal. Honoring the doorways of your body temple through cleansing of your hands and feet, the scen-tao soak, scrub and masque are a prelude to the warm stone massage that brings balance and stimulates energy flow throughout the body. This ultimate salon experience includes manicure and/or pedicure finishing touches.

Manicure	\$100
Pedicure	\$110

Blue Corn & Avocado Mani/Pedi – After an exhilarating day of golf, or any athletic activity, reward yourself with this feel-good treatment. Beginning with a nutrient rich blue corn soak and scrub, a warm avocado masque with fresh olive oil nourishes tired hands and feet. A light avocado lotion application follows.

Manicure	\$60
Pedicure	\$110

Asian Mani/Pedi – This sojourn begins with an exotic chai tea soak, followed by a soothing rice putty scrub. A rice putty masque and warm wrap brings a calming benefit to your deserving hands and feet. Zen acupressure massage is followed by a manicure and/or pedicure to complete this Asian excursion.

Manicure	\$60
Pedicure	\$110

'Renovateur' Mani/Pedi – The carita signature manicure and pedicure extends the exclusive renovateur treatment to the full range of possibilities. Every detail of this finishing touch is performed with precision and expert care. Using carita's star product, le renovateur, and a rich, generous cream masque made of avocado and chamomile, your skin will feel like silk. Your spa experience is complete...with manicured hands and feet

Manicure	\$110
Pedicure	\$120

Scents-of-you Mani/Pedi – Of a completely different nature, your hands and/or feet will start and finish with your personalized blend of essential oils or your choice of one of the 'quick fixes'. Integrated into the spa manicure and pedicure is an aromapothecary's own scented white sea algae exfoliation. A massage with your customized blend of oil precludes a warm towel wrap to enhance the natural benefit of the aromatherapy. Both treatments conclude with a manicure and/or pedicure and a light touch of your customized essential oils to your wrists and forehead temples.

Manicure	\$60
Pedicure	\$110

Clinical Foot Treatment and Pedicure – Recommended for tired, sore, rough feet, ankles and toes using a 30% lactic acid solution and an exfoliating foot cream to soften and smooth the feet and lower legs. Your feet will feel renewed, refreshed and looking prettier and healthier than ever before with the finishing touch of a classic pedicure and polish

\$110

# BATHHOUSE

Tanning, Waxing, and Fitness

Mist-On tan – a healthier way for non-UV sunless tanning with state-of-the-art misting technology that will leave you with a golden brown color. The misting lasts for a matter of seconds, followed by a 30-second drying period and will typically last up to a week. Shave and scrubs are recommended prior to tanning. If you plan to include a manicure/pedicure in your spa day, this should be scheduled prior to tanning. Showering is not recommended for 6-8 hours after tanning.

\$35 per session

Waxing – steam room and sauna not recommended prior to waxing

Brow	\$30	Brazilian	\$90
Chin	\$30	Full Leg/Bikini	\$145
Lip	\$30	Chest/Back	\$75/both \$135
1/2 Leg	\$75	Arm	\$40
Full Leg	\$90	Under Arm	\$30
Bikini	\$55		

Fitness Services – a safe and accurate test using the futrex 5000 body composition analysis with near-infrared light to measure your body composition. A computerized report will include your body fat percentage, your lean body mass, estimated percentage of total body water and base metabolic rate

\$38 per session

Personal training session – a certified personal trainer will assist you with your workout, customized to fit your individual goals

\$60 per session

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## Bathhouse Spa Packages

Although we have a steadfast policy of no substitutions for our spa packages, you may request assistance in creating a customized spa package to match your interests. Packages available Monday through Thursday only.

Carita Spirit – Renovateur satin body, Renovateur signature facial, Renovateur manicure and pedicure  
Approximately 5.5 hours \$695

Stone Sensation – warm ‘n’ cool stone massage (80 minutes), scen-tao gemstone facial, scen-tao stone manicure and pedicure  
Approximately 5 hours \$525

Bathhouse Sample (women only) – Scentual bathing, half hour Swedish massage, refresher facial, classic manicure  
Approximately 2 hours \$240

Mineral Rich Mud (women only) – Moor mud bath, cinnamon mud masque (50 minutes), scents-of-you massage (80 minutes)  
Approximately 3 hours \$350

Hangover Recovery – bindi detox, back/shoulder/neck massage, pure oxygen facial  
Approximately 3 hours \$350

Champagne Celebration of You – Champagne body wrap, champagne facial, champagne manicure and pedicure  
Approximately 4 hours \$390